



CORINTHIAN SAILING CLUB JUNIORS PROGRAM

CERTIFICATION LIMITATIONS ON USE OF CSC OWNED CLUB BOATS

Juniors 18 years of age and under who have attended and completed a CSC Summer Youth Sailing Class may use designated club owned Optimists and Lasers and 420's outside the class summer setting, subject to certain conditions and limitations based on the certification level received at the conclusion of the sail class. A junior sailor's certification level is determined by CSC's instructors at the conclusion of the class based on each junior sailor's skill level and knowledge of sailing equipment care and rigging.

Continued use of CSC equipment depends on your child's respect for our equipment. Students, please use the designated rig and blades for the boat you are using and put all equipment away properly. Report all boat problems to the Sailing Education Commodore as soon as possible. Abuse of CSC equipment will result in loss of privileges. Note: Use of CSC Jr. Program equipment is "at your own risk." CSC takes no responsibility for damages or injuries occurring while using CSC Jr. Program equipment. Damages to CSC Jr. Program equipment beyond normal wear and tear will be paid by the user.

The Certificate your child received at "graduation" from our junior sailing class indicates the limitation level with regard to your child's the use of CSC equipment. The following is an explanation of those limitations.

Boat Use Limitations

Our Junior Sailing Program currently uses Optimist prams and Laser Radials, Laser 4.7's and 420's. Learning to rig, de-rig, sail and care for these boats is part of the curriculum of the CSC Summer Youth Sailing Classes. Your child may only use a boat that they have sailed regularly in class. A class of boat on which your child has not been certified may not be used. Also, only Lasers 3 through 7 and Optimists "A" through "R" may be used. Other boats, particularly those with covers, tarps or stored in the junior shed or rack, are for use only during regattas or for race training.

Non-member guests or non-certified juniors may not sail on CSC owned club boats, except during club sponsored and supervised junior activities.

There are three levels of certification. If your child is certified on more than one class of boat, the level of certification may be different for each class. Use of CSC owned club boats at all three certification levels is subject to the **"RULES FOR USE OF CSC JUNIOR CLUB BOATS"** attached to this handout. **PLEASE READ THESE RULES CAREFULLY AS THEY ARE CONDITIONS OF YOUR USE OF CSC CLUB BOATS.** Parents must be aware of their sailor's certification level and assure compliance with those limitations and with CSC's rules for the use of junior club boats. Safety is our number one concern and the certification levels have been set based on the coaches' assessment of your sailor's skill level and ability to handle emergency situations on the water. The three levels of certification and an explanation of the meaning in practice of each level is as follows:

LEVEL I: DURING CSC JUNIOR ACTIVITIES UNDER CSC COACH SUPERVISION WITH RESCUE BOAT ON THE WATER.

Club boats may be used only during organized CSC junior activities under the supervision of a CSC coach or representative who is responsible for conducting that activity. A rescue boat assigned only to that activity must be on the water operated by a CSC coach or representative. Examples are the Summer Sailing Classes or other activities directly supervised by a CSC instructor or coach.

The only exception to the requirement that a CSC Coach supervise the activity is for “Open Sailing” , in which parent volunteers man a rescue boats . This may be a free sail within a defined area or they may set a race course for the sailors. However, their responsibility extends only to rescuing sailors in need, setting a race course and running some races. The parents of each sailor must remain at CSC during the entire time that their sailor is using CSC equipment. Since coaches will not be available, parents remain solely responsible for and must directly supervise their sailor while at the club and must assist their sailor with rigging his/her boat properly, launching, docking and de-rigging and thereafter must make sure their sailor properly puts everything away in the junior shed and properly ties down the boat.

LEVEL II: PARENTAL SUPERVISION WITH RESCUE BOAT ON THE WATER.

Club boats may be used if the parent(s), or other responsible adult CSC member into whose care the parents have entrusted their child, remains at the club directly supervising the sailor during all times that the sailor is on the water sailing or using club equipment. A rescue boat must also be on the water or readily available to assist the sailor if necessary. In general, the parent should be sure that there is an adult on a boat who is available and willing to give their sailor assistance if needed. The parent/responsible adult may not leave the child unattended while he/she is at CSC using club owned equipment. The only exception to the requirement of direct parental/adult member supervision is during club sponsored junior activities supervised by a CSC coach/representative as described for Level I above.

Parents are responsible for insuring that their sailor properly rigs his/her boat. In particular, parents must confirm that the Optimist mast is tied down and that the hull is equipped with three inflated air bags. Parents must also exercise good judgment in deciding whether the conditions are safe and suitable for their child to sail. After sailing parents must also insure that their child properly de-rigs his/her boat, ties it down and positions it on the dock, and that the rudder, dagger board and sail rig have been properly stowed in the junior shed in their designated places.

LEVEL III: SAILING AT PARENTS’ DISCRETION.

Club boats may be sailed at the parents’ discretion. Junior sailors who have achieved this level of experience have proven to be expert sailors who know how to care for the equipment owned by CSC and should understand the possible dangers involved in sailing. Parents, however, remain, responsible for making a judgment that the conditions are suitable for their child to sail and for knowing that their child is at the club sailing under circumstances when a rescue boat may not be on the water and available to assist.

The use of CSC club boats by juniors at each certification level is a privilege extended by CSC to encourage juniors to become involved in competitive sailing. However, if that privilege is abused and club boats and equipment are not properly cared for, the use of club boats by juniors will be suspended. Please do your part to keep the junior shed in order and the club boats in good condition, so that they can be enjoyed and used by everyone.



Rules for Use of CSC Junior Club Boats



General Rules for Use of All CSC Club Boats

- § A Junior may only sail a class of boat on which he/she has been certified, either Optimist, Laser, or 420.
- § Only Optimists “A” through “R” and Lasers 3-7 may be sailed.
- § Race Optimists (stored in the race racks) and Lasers numbered 8 and 9 may be sailed only with the permission of the Sailing Education Commodore.
- § Lasers/Optimists stored in the Junior Shed, on the Junior rack or which have tarps or hull/deck covers are reserved for race training and regattas and may not be sailed.
- § Use only the Optimist rigs and blades on the East wall of the shed. Use only the Laser rigs on the West wall of the shed and the Laser blades in the center rack. All Optimist and Laser blades stored in blade bags are reserved for race training and regattas and may not be used without the permission of the Sailing Education Commodore.
- § The 420’s may only be sailed with the permission of the Sailing Education Commodore. The regatta 420 may only be used with the permission of the Sailing Education Commodore.
- § Lasers and Optimists as a rule should only be sailed single-handed. On occasion double handed sailing is permitted, but the combined weight of the skipper and crew should be appropriate for the boat. For instance, the combined weight of a Laser skipper and crew should generally not exceed 220 lbs. An Optimist or Laser should never be sailed with more than two (2) onboard.
- § Non-member guests or non-certified juniors may not sail on CSC owned club boats, except during club sponsored and supervised junior activities. Juniors with Level III certification or who have taken a US Sailing Level I Instructor Course may on occasion take out non-member guests or non-certified juniors on CSC boats who are interested in CSC’s junior sailing program for demonstration purposes. CSC Lasers 3-7 may be used as loaner boats for the Laser fleet under their supervision.
- § Use of club boats is also subject to the CSC Junior Program “Certification Limitations”

Optimists

Necessary Personal Gear:

§ Bailer with Bungee Cord

Recommended Personal Gear:

§ Main Sheet

§ Assorted Sail Tie Line

Rigging: Key Things to Remember:

§ TIE THE MAST DOWN with the line around the boom vang cleat using a square knot, if the boat is equipped with a mast clamp use it! (Failure to do so will result in major hull damage in the event of a capsize)

§ Make sure there are three *inflated* air bags.

§ Make sure there is a Bailer, or bring your own.

§ Make sure the boom bridle does not hang down more than 3 to 4 inches and that there is a loop around the boom through the bridle ring, such that the force is distributed to three points along the boom. (A sailor's head can be caught in a bridle hanging too low)

§ Make sure there are no snap hooks connecting the main sheet to the boom that can snag on a life jacket while tacking.

Stowing Boats/Rigs:

§ Flip the Hull and make sure it is tied down to the dock (the club periodically floods during heavy rains and the boat will float off the dock). September through May Optimists "A to L" should be stored in the Optimist rack, rear airbag removed and put in the locker. The bow should be up and there should be a line around the last boat in the row.

§ Properly fold the sail and secure by wrapping the main sheet around the rig.

§ Stow rigs and blades in assigned slots in the Junior Shed. (Each rig/blade set is marked alphabetically. Starting with "A" the rigs/blades are stowed right to left in the shed.)

§ Stow the rigs upright with the bottom of the mast down and the sail to the top.

§ Stow the rudder with the tiller pointing left.

§ Anything stowed on the floor will become a muddy mess during one of our periodic floods.

Lasers

Necessary Personal Gear:

- \$ Clew tie-down line
- \$ Bungee cord for the Daggerboard
- \$ Battens
- \$ Outhaul line
- \$ Cunningham line

Recommended Personal Gear:

- \$ Boom vang
- \$ Mainsheet
- \$ Plug
- \$ Tiller and Extension

Key Things to Remember:

- \$ Drain the hull before and after sailing.
- \$ Properly position the Hull on the pier between the SMU locker and the first member owned Laser on the rented pads (currently on a rack).
- \$ Roll the sail on the mast avoiding wrinkles as much as possible.
- \$ Stow the rig with the bottom of the mast to the right when facing the wall in the Junior Shed.
- \$ Make sure the hull is tied down to the dock (the club periodically floods during heavy rains and the boat will float off the dock).
- \$ Use only the rigs on the West wall of the shed and the blades in the center rack. Rigs stored on the center rack and blades stored in blade bags are reserved for race training and regattas and may not be used.